

LifeFocus

SPRING 2020

Montcalm Community College

CAREER DEVELOPMENT & PERSONAL ENRICHMENT COURSES

Women's self-defense

Two courses explore awareness as well as teach hands-on techniques.
page 23

Babysitter Heartsaver CPR

Learn child and infant CPR and how to relieve choking in children and infants.
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Montcalm Community College

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MCC'S Continuing Education Refund Policy

Students receive a full refund for all courses and workshops cancelled by the college.

A full refund is given to students who officially drop a course by 5 p.m. one business day prior to the first class meeting. Failure to attend does not constitute an official drop and no refunds will be granted.

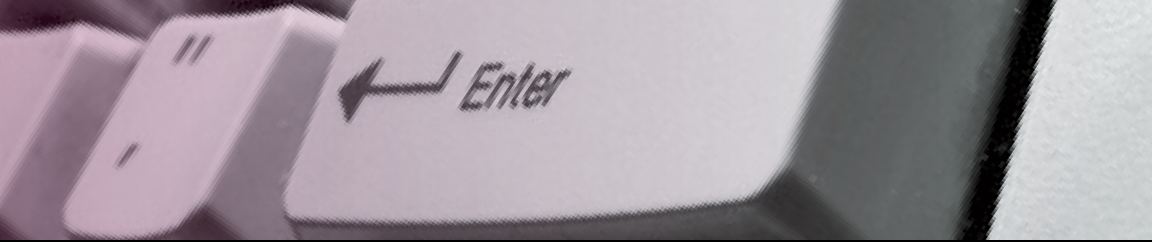
Students enrolling in *Education To Go* online courses have one week after the start date to drop the course for a full refund. MCC will enforce all other online and contracted companies' refund policies. Any special refund policies are clearly stated in the course descriptions.

All refunds are mailed to the address supplied at the time of enrollment. Processing takes at least two weeks.

Montcalm Community College is accredited by the Higher Learning Commission (hlcommission.org), a regional accreditation agency recognized by the U.S. Department of Education.

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CALL 989-328-1012 FOR MORE INFORMATION



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What Are You Interested In?

Is there a career and personal development noncredit class you would like us to offer? Are you interested in teaching a noncredit class for us? If so, please let us know.

Visit www.montcalm.edu/career-development to complete a brief online form and submit it to us.



COURT APPOINTED SPECIAL ADVOCATES

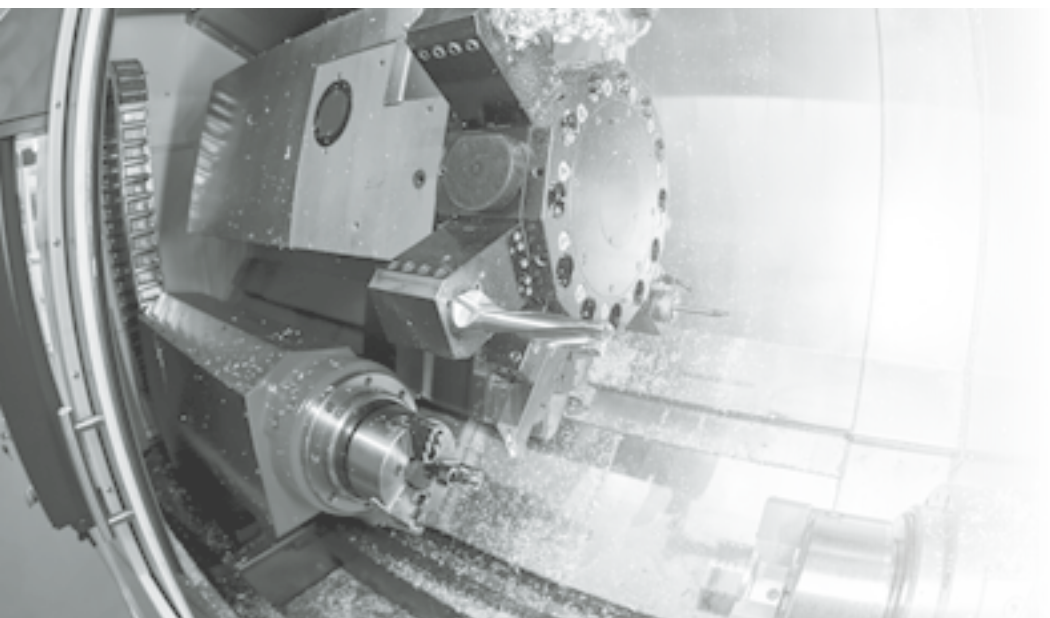
New Volunteer Training Course.

Taught by Montcalm CASA staff members Jamie Gorby and Stephanie Barone. The course is free.

Have you ever wanted to help an abused or neglected child? The Montcalm CASA program is in need of volunteers who will stand up for an abused or neglected child in Montcalm County. This eight-week course will provide specialized

training to transform everyday concerned citizens into official court appointed advocates who will become a voice for a child in the court system. Volunteers will be sworn in during a ceremony at the Montcalm County Juvenile Court upon completing the program. Children who are appointed a CASA Volunteer have supported benefits including higher self-esteem, more academic success, more stability in foster care, better connections to services and a greater rate in achieving a safe and permanent home. CASA Volunteers give hope to children and often the fulfillment they receive in return is beyond anything they ever would have expected.

Apply now to be screened and selected for the training beginning the week of April 6. To find the application and more information please visit www.montcalmcasa.org, call the office at 989-831-3561 or email montcalmcasa@8cap.org. For more information, please call 616-754-9315.





ADVANCED MANUFACTURING

Introduction to Ladder Logic – Hybrid

The cost is \$499.

Learn basic ladder logic programming using ladder diagrams and basic electrical controls. Students will be required to meet in the classroom for eight hours. The remainder of the class will include online learning and in-person demonstration of skills as arranged by students and the instructor. The skill demonstration will take place at a time arranged with the instructor. The required course material is available at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XIND 230

Call 989-328-1012 to schedule

RSLogix PLC Programming – Hybrid

The cost is \$499.

This course will emphasize programmable logic controllers (PLC), their use, selection, setup and servicing. It is designed to give the industrial technician/electrician an intermediate understanding of the Allen Bradley Compact Logix PLC using RSLogix 5000 software. Students should have a basic understanding of ladder diagrams and electrical controls before taking this course. Students will be required to meet in the classroom for eight hours. The remainder of the class will include online learning and in-person demonstration of skills as arranged by the students and instructor. The required course material is available at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XIND 231

Call 989-328-1012 to schedule

Studio 5000: Fundamentals & Troubleshooting

The cost is \$1,500.

This 40-hour course will advance PLC knowledge. Learn how to navigate the Studio Logix Designer Application, connect a computer to a communications network, download and go online, locate I/O tags and devices, interpret Logix Designer project organization and execution, interpret ladder logic structure, locate and edit tag values, interpret arrays searching for project components, integrate practice – interpret a basic project, troubleshoot digital I/O problems, force I/O and toggling bits, troubleshoot remote I/O problems, interpret the meaning of lights on Logix hardware, update Logix5000 firmware, troubleshoot controller problems, integrate practice-troubleshoot basic projects, edit ladder logic online, manage Logix Designer project files, and write a Logix controller and associated I/O cards.

XELE 252

Call 989-328-1012 to schedule

KUKA KORE Basic

The cost is \$1,200.

KORE basic modules is a 24-hour course that covers an introduction to robotics, fields of application for an industrial robot, overview of components of a robot system, robot controller, moving the robot, start up and executing robot programs, working with program files, creating and modifying programmed motions, using logic-functions in the robot program and a final programming assignment. The course fee includes the KUKA KORE basic training manual. Students who pass the final exam will receive a KUKA KORE Basic certificate.

XIND 247

Call 989-328-1012 to schedule

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FANUC

MCC collaborates with FANUC to support their goal of "Partnering with Education" to help meet the growing demand for the skilled workforce needed in all aspects of today's manufacturing. A FANUC-certified instructor conducts all training at MCC and is committed to quality teaching and providing the best learning experience. MCC's lab is equipped with several FANUC industrial robots and classroom computers have FANUC Robotics ROBOGUIDE simulation software available for students to practice.

FANUC – Handling Tool Operation and Programming

The cost is \$1,300.

Learn the tasks that an operator, technician, engineer or programmer needs to set up and program a FANUC Robotics Handling Tool Software Package in this 32-hour course. Learn to operate the teach pendant, navigate the controller software, power up and jog the robot, perform all jog methods, recover from common program and robot faults, execute production operations, understand all programming instructions, understand all positional information, understand all motion joints and create and execute MACROs. The course fee includes the FANUC training manual.

XIND 240

Call 989-328-1012 to schedule

FANUC iRVision

The cost is \$1,200.

Learn the basic tasks and procedures required for an operator, technician, engineer or programmer to set up, teach, test and modify iRVision applications in this 16-hour course. Learn to identify the components of a vision system, install vision hardware, develop an application, program the robot, perform error recovery procedures and follow recommended safety practices. The course fee includes the FANUC training manual.

XIND 245

Call 989-328-1012 to schedule

FANUC Operations

The cost is \$880.

Learn to power up and jog the robot, recover from common program and robot faults and execute production operations in this 16-hour course. Also learn to create, modify and execute the teach pendant program, and backup and restore individual programs and files. The course fee includes the FANUC training manual.

XIND 241

Call 989-328-1012 to schedule



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CALL 989-328-1012 FOR MORE INFORMATION



ARTS

Beginning & Intermediate Welding Art

The cost is \$199.

In this combination beginning and intermediate level class we'll take your vision of a metal art object, whether it's a wall hanging, a table top piece, a garden object or an abstract sculpture and convert it into a real, steel object. After you've determined your project design (either beginning or intermediate depending on your experience level), you'll begin by observing. After that, with your instructor's guidance and supervision, you'll experience each step in the metal forming process: bending, cutting, welding and grinding. If you have completed Welding Art Basics, you can expand your project scope and gain experience with new techniques. All equipment, tools, safety gear, protective clothing and supplies for one small to medium sized art project are included in the cost of the class. NOTE: If you wish to build a larger sculpture, you will work with your instructor to determine the cost and source of additional materials.

XWEL 170 01

Tues & Thur, May 5-28, 6-8 p.m.
G224/Braman Center in Greenville

Intro to Digital Arts as a Medium

Taught by Seth Sutton. The cost is \$299.

Societies flourish when their citizens engage in meaningful conversations in public forums. This course will discuss art, history and aesthetical theory, along with other important ideas that shape the human experience as it pertains to the visual communications of digital arts as a medium. This course runs concurrently with the credit course DART 101. The required text is available at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XART 130 01

Mon, Jan. 13-April 27, 10 a.m.-noon
D311/Beatrice E. Doser Building in Sidney

Photographic Foundations I

Taught by Seth Sutton. The cost is \$299.

Through a combination of lectures, photographic assignments and critiques, students will learn to see photographically through an exploration of the basic tools and techniques of digital photography. Through manual controls and RAW capture, students will learn the craft of making photographs while being introduced to photo editing software. Emphasis will be placed on critical issues that pertain to contemporary commercial photography. This course runs concurrently with the credit course DART 110. The required text is available at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XART 135 01

Mon, Jan. 13-April 27, 1-3 p.m.
D311/Beatrice E. Doser Building in Sidney

Commercial Design I

Taught by Christopher Hunter. The cost is \$299.

This course will introduce students to the fundamentals of graphic design. Through a process that involves research, conceptualization and synthesis of ideas, students will understand the elements and principles of design, creative and expressive typography, page layout and the manipulation of digital images through various mediums. Emphasis will be given to the importance of presentation and craftsmanship as it pertains to practical application of the real-world scenarios. This course runs concurrently with the credit course DART 120. The required text is available at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XART 150 01

Tues, Jan. 14-April 28, 6-8 p.m.
D311/Beatrice E. Doser Building in Sidney

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Acrylic Painting

Taught by Sue Moss. The cost is \$39.

This class is for those ages 16 and older.

This course will focus on improving artistic skills in beginner acrylic painting. Learn how to paint favorite subjects like clouds, trees, flowers, people, animals, water, hills and buildings. Students participating in this course will be able to apply these techniques to a composition of their choosing. Supplies needed for this course will be: 9 x 12 Mixed Media Pad, a set of acrylic paints, fine, medium and broad brushes, cup for water, plastic or glass plate for a palette. Optional Stretched canvas or canvas panel for final composition.

XART 293 01

Mon, Feb. 3-24, 1:30-3:30 p.m.

G111/Ash TLC in Greenville

Beginning Watercolor Painting

Taught by Sue Moss. The cost is \$39.

This class is for those ages 16 and older.

Learn techniques in watercolor and how to gain control of it to create beautiful works of art. Step-by-step instruction is offered while implementing your own unique twist. Materials needed include: a pencil, blue painters tape, cotton balls, Q-tips, tube watercolor set or Prang watercolor set, two cups for water, a paper towel roll, a small spray bottle, Saran wrap, masking fluid, brushes size 0 or 1, 1/2", 1", and 140# cold press 11x14 watercolor paper pad.

XART 625 01

Mon, March 2-23, 1:30-3:30 p.m.

G111/Ash TLC in Greenville

Painted Bottle Bell Windchime Workshop

Taught by Sue Moss. The cost is \$25.

Create a unique, painted bottle bell windchime suitable to hang outside. All materials will be provided.

XART 202 01

Sat, April 25, 10 a.m.-noon

G119/Ash TLC in Greenville

BUSINESS AND PERSONAL SKILLS – ONLINE

Productivity & Time Management

Taught by Jennifer Selke & William A. Draves. The cost is \$595.

Maximizing productivity and the use of time is the primary way to increase profitability and organizational success for a growing number of people and their organizations. Successful businesses and work organizations are moving from counting hours sitting in a chair to outcomes and results. Boost your productivity by managing your time better. Discover the Top Ten most effective time management techniques to increase your work outcomes without spending more time. Take home new 21st century techniques and strategies. Then find out about the exciting Productivity eTools that are available now, and utilize technology to boost your productivity. Finally, get the latest best information on documenting your own productivity, and managing the productivity of others.

XBUS 138

Feb. 3-May 1

ONLINE

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EASY ONLINE REGISTRATION! →



Six Sigma Green Belt Certificate

Taught by Scott Follett. The cost is \$495

Six Sigma professionals are in strong demand by organizations around the world. On the front-lines of Six Sigma efforts are Green Belts. LERN's Green Belt training teaches participants problem-solving skills, using the DMAIC (Define, Measure, Analyze, Improve and Control) model. After completing this challenging course, Six Sigma Green Belts serve their organizations as a trained specialist able to work on Six Sigma projects that benefit the organization. Although not required, participants are strongly encouraged to have a project during the course. The instructors and mentors work closely with the class to not only teach the material, but to guide candidates as they work projects.

XBUS 120

Feb. 3-May 1

ONLINE

Certificate in Basic Game Design

Taught by Moses Wolfenstein. The cost is \$395.

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This Certificate provides you with a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment.

In the first course, you will discover resources for developing game design, identify the mechanics and verbs used in different games. You will come away with knowing the different activities that are part of game design, being able to flesh out a game idea in order to increase the chances to having a successful game design experience, and have a basic understanding of how to work with game developers.

In the second course, you will you will learn the basics of video game design process, learn about the main video game genres, and use a game development application to begin your journey of making games.

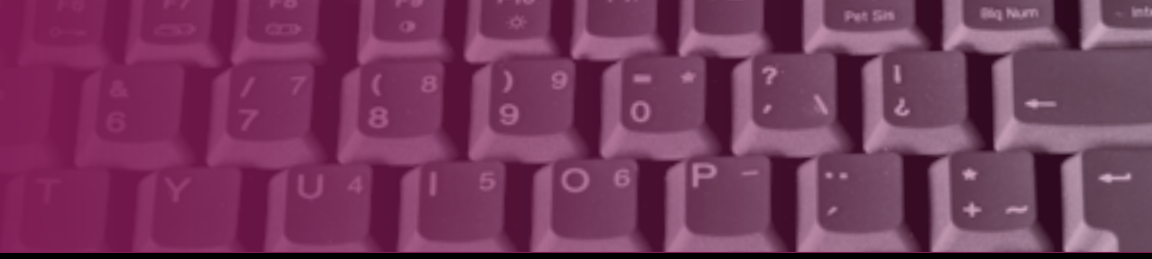
XBUS 451

Feb. 3-March 27

ONLINE



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Applying Lean Sigma Practices to HR Functions

Taught by Sally Schmall. The cost is \$245.

Develop the mindset of Lean Operational Excellence, an advanced problem-solving approach that facilitates continuous improvement within the organization through the identification and elimination of waste. Lean principles can also be used to streamline processes in the human resource functions such as recruiting, hiring, training, compensating and managing performance. Find out about Lean concepts, tools, and methods with which you can benchmark and assess problems, and lead continuous improvement efforts to resolve them. After taking this course you will have an expanded capacity to facilitate small groups and teams using Lean Process Improvement principles and methodologies to create change within your organization.

XBUS 122

March 2-27

ONLINE

BUSINESS AND PERSONAL SKILLS

Explore Funding Resources for Small Businesses: SBA & USDA

Presented by an SBA Representative. This course is free, but pre-registration is required.

SBA provides a number of loan programs to help businesses start or grow. SBA representatives will be presenting the features of their flagship 7(a) Loan Guaranty Program and Certified Development Company 504 Loan Program. These programs provide funding for working capital, machinery and equipment, furniture and fixtures, land and buildings, household improvements and debt refinancing with flexible terms.

XBUS 150 01

Tue, April 21, 11 a.m.-noon

G111/Ash TLC in Greenville

Grow Your Business with Government Contracting

Presented by an SBA Representative. This course is free, but pre-registration is required.

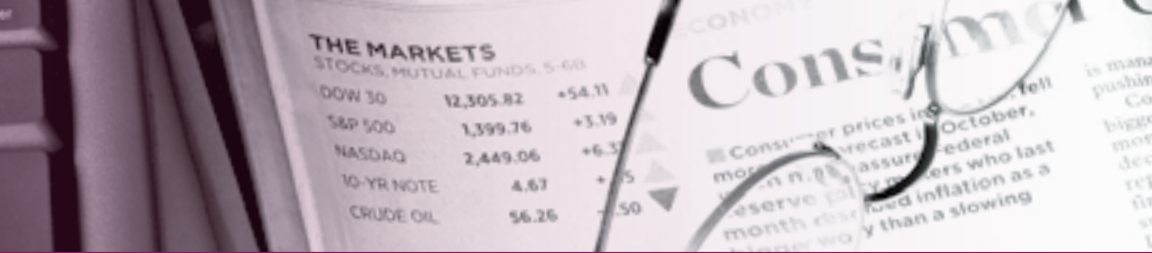
Michigan is a hot spot for government contracts. Learn about getting set up for government contracting, how to get your business certified as a Women-owned, Veteran-owned, or HUBZone small business, and gain a better understanding of matchmaking events and how to get started. We'll guide you through the basics for government contracting and certification, pausing for audience questions and feedback along the way.

XBUS 126 01

Tue, April 28, 11 a.m.-noon

G111/Ash TLC in Greenville





Starting a Business

Presented by an SBDC Representative. This course is free, but pre-registration is required.

This course is designed for individuals who are considering self-employment, or who may be at the beginning stages of starting a business. Delivered in a workshop format, this introductory session helps aspiring entrepreneurs assess their abilities to lead and manage a company, as well as evaluate market and sales potential for their products/services. Startup costs, financing options and business planning are introduced, along with necessary steps to getting started.

XBUS 113 01

Mon, Jan. 20, 6:30-8:30 p.m.

G111/Ash TLC in Greenville

Writing a Business Plan

Presented by an SBDC Representative. This course is free, but pre-registration is required.

Designed for individuals who want to increase their chances for successful self-employment, or business launch, this course covers business planning in detail. Specifics of marketing, finance, legal, regulatory issues, operations, information-based planning and management are key components of this workshop. The first steps for creating a business plan draft are included. Live examples of effective business plans are used as course material.

XBUS 195 01

Mon, Jan. 27, 6:30-8:30 p.m.

G111/Ash TLC in Greenville

Cybersecurity

Presented by Scott Taber, Michigan SBDC Cybersecurity Awareness Program Specialist. This course is free, but pre-registration is required.

Explore what cybersecurity is and the importance it plays in the operation of your business. This workshop is designed for those who are looking to learn more about the general concepts of cybersecurity, while also offering information for those looking to refresh what they already know. You will leave the workshop with a general understanding of important cybersecurity concepts, explanations as to why these topics matter for your business, and key steps you can implement in your business operations.

XBUS 430 01

Tue, Feb. 4, 11 a.m.- 1 p.m.

G111/Ash TLC in Greenville

Alternative Lending Options for Small Businesses

Presented by Melissa Evans, Northern Initiative. This course is free, but pre-registration is required.

Northern Initiatives is a non-profit CDFI (Certified Development Finance Institution) that provides loans to small business owners and entrepreneurs in Michigan that might not qualify for loans from traditional banks for a variety of reasons. Many times, lending is focused on low-income, disadvantaged, and underserved communities. Join us for a free one-hour information session to learn more about their lending programs and other business services followed by questions and answers. Representatives from the U.S. Small Business Administration – Michigan District Office and the Michigan Small Business Development Center (SBDC) will also be in attendance.

XBUS 203 01

Tue, Feb. 4, 5-6:30 p.m.

G129/Ash TLC in Greenville

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WWW.MONTCALM.EDU/CAREER-DEVELOPMENT



Introduction to Social Media

Presented by an SBDC Business Consultant. This course is free, but pre-registration is required.

This course is designed for entrepreneurs and business owners who are brand new to social media. Through step by step instruction and examples, attendees will learn how to create and use social media for their business. The training will begin with a classroom style lecture followed by an interactive question and answer session. Attendees will then be invited to create their social media accounts with the help of the instructor. Attendees will need to bring their own laptop or tablet in order to participate in creating their own social media accounts.

XBUS 100 01

Mon, Feb. 10, 6:30-8:30 p.m.
G111/Ash TLC in Greenville

Getting Paid to Talk: Making Money with Your Voice

Taught by Voice Coaches. The cost is \$19.

Explore numerous aspects of voice-over work for television, film, radio, audiobooks, documentaries and the Internet in your area.

XCOM 126 01

Tues, May 5, 6:30-9 p.m.
G118/Ash TLC in Greenville

Introduction to 3D Printing

Taught by David Nelson. The cost is \$29.

This one-night introductory workshop is designed as an introduction to 3D printing process. Attendees will learn the answers to questions such as: what is a 3D printer, can I afford a 3D printer, how does the printer create a 3D model and what steps are involved in creating a 3D printed object? Attendees will help design a keychain that will be printed with instructor guidance and taken home at the end of class. Upon completion of the class, participants will have a good understanding of the 3D printing process and the steps involved in creating a 3D printed object, as well as a personalized keychain. For more on 3D printer setup, plastics used in 3D printing and a more thorough coverage of model design and creation, check out the other two 3D printing classes.

XCIS 530 01

Mon, March 2, 6-9 p.m.
G111/Ash TLC in Greenville

Learning to Use a 3D Printer - Part 1

Taught by David Nelson. The cost is \$49.

This two-night workshop will focus on basic 3D printer setup, plastic selection and software settings for printing 3D objects. Learn how to find, download and use pre-made designs. Attendees will also use TinkerCad design software (free) to learn basic object design. After obtaining or designing a 3D object, the class will look at the software needed to prepare the object for 3D printing, including using Cure slicing software (free) to do this. Basic settings for printing, identifying problems and errors and orienting 3D prints will also be covered. 3D printing workflow will be covered and emphasized. Fused Deposition Modeling (FDM) is the most common type of 3D printing done in non-commercial settings and is the type of 3D printing that will be covered in this class.

XCIS 533 01

Mon, March 9 & 16, 6-9 p.m.
G111/Ash TLC in Greenville





Learning to Use a 3D Printer - Part 2

Taught by David Nelson. The cost is \$49.

This two-night workshop will continue what was started in Part 1. Topics include a more detailed look into software settings in Cura slicing software, 3D printer setup, common types of errors when 3D printing, 3D printing materials and how to print these materials, examining Autodesk Fusion 360 as a design tool to create objects for 3D printing. At class completion, attendees will know how to design basic objects, do object preparation (slicing), set slicing settings, do printer configuration and understand the workflow for 3D printing. With instructor guidance, each attendee will have the opportunity to design and create their own 3D object and print it using one of the printers in class. Fused Deposition Modeling (FDM) is the most common type of 3D printing done in non-commercial settings and is the type of 3D printing that will be covered in this class.

XCIS 534 01

Mon, March 23 & 30, 6-9 p.m.

G111/Ash TLC in Greenville

COMPUTER & INTERNET SKILLS

Personal Enrichment

Computers for Absolute Beginners

The cost is \$49.

Learn to use computers, Windows 10, the Internet, email and word processing in a slow-paced course created for novice and senior users.

XCIS 174 01

Wed, March 4-25, 1:30-4:30 p.m.

G112/Ash TLC in Greenville

Professional Development

Word 2016 – Part 1

The cost is \$75.

Learn how to use Word 2016 to create and edit simple documents, format documents, add tables and lists, add design elements and layout options and proof documents. You can also use this course to prepare for the Microsoft Office Specialist (MOS) Certification exams for Microsoft Word 2016. The required text is available to be ordered at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XCIS 541 01

Tue & Thur, April 7 & 9, 8 a.m.-noon

G112/Ash TLC in Greenville

Word 2016 – Part 2

The cost is \$75.

Expand your knowledge of Microsoft Word by learning how to work with tables and charts to organize and summarize data by using styles and themes to customize the look of your documents. Learn to add images and custom graphic elements to your documents to graphically show information, and how to control how text flows around graphics, between paragraphs and between pages, and use section, page and column breaks in your documents. Learn to use templates to maintain consistency between documents and the mail merge feature to customize and personalize content. Finally, learn to create and use macros to automate tasks. You can also use this course to prepare for the Microsoft Office Specialist (MOS) Certification exams for Microsoft Word 2016. The required text is available to be ordered at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XCIS 542 01

Tues & Thur, April 14 & 16, 8 a.m.-noon

G112/Ash TLC in Greenville

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WWW.MONTCALM.EDU/CAREER-DEVELOPMENT



Word 2016 – Part 3

The cost is \$75.

This course builds upon the knowledge presented in Word 2016 – Part 1 and Word 2016 – Part 2 courses. Learn to collaborate on documents, add reference marks and notes, simplify and manage long documents, secure a document and create forms. You can also use this course to prepare for the Microsoft Office Specialist Certification exams for Microsoft Word 2016. The required text is available to be ordered at the MCC Bookstore or online at

www.montcalm.edu/bookstore.

XCIS 543 01

Tues & Thur, April 21 & 23, 8 a.m.-noon
G112/Ash TLC in Greenville

Excel 2016 – Part 1

The cost is \$75.

Learn to create and develop Excel worksheets and workbooks in order to work and analyze critical data. Skills include performing calculations, modifying and formatting worksheets, and performing and managing workbooks. This course covers Microsoft Office Specialist (MOS) Certification exam objectives to help students prepare for the Excel 2016 Exam and the Excel 2016 Expert Exam. The required text is available to be ordered at the MCC Bookstore or online at **www.montcalm.edu/bookstore.**

XCIS 521 01

Tues & Thur, April 28 & 30, 8 a.m.-noon
G112/Ash TLC in Greenville



Excel 2016 – Part 2

The cost is \$75.

This course builds upon the foundational knowledge presented in the Excel 2016 – Part 1 course and will help start you down the road to creating advanced workbooks and worksheets that can help deepen your understanding of organizational intelligence. Learn to customize the Excel environment, create advanced formulas, analyze datasets and tables, visualize data by using basic charts and analyze data by using PivotTables, slicers and PivotCharts. This course covers Microsoft Office Specialist exam objectives to help students prepare for the Excel 2016 Exam and the Excel 2016 Expert Exam. The required text is available to be ordered at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XCIS 522 01

Tues & Thur, May 5 & 7, 8 a.m.-noon
G112/Ash TLC in Greenville

Excel 2016 – Part 3

The cost is \$75.

This course builds from the foundational and intermediate knowledge presented in the Excel 2016 – Part 1 and Excel 2016 – Part 2 courses to help you get the most of your Excel experience. The ability to collaborate with colleagues, automate complex or repetitive tasks, and use conditional logic to construct and apply elaborate formulas and functions will put the full power of Excel right at your fingertips. The more you learn about how to get Excel to do the hard work for you, the more you'll be able to focus on getting the answers you need from the vast amounts of data your organization generates. Learn to work with multiple worksheets and workbooks simultaneously, share and protect workbooks, automate workbook functionality, apply conditional logical, audit worksheets, use automated analysis tools and present your data visually. This course covers Microsoft Office Specialist exam objectives to help students prepare for the Excel 2016 Exam and the Excel 2016 Expert Exam. The required text is available to be ordered at the MCC Bookstore or online at www.montcalm.edu/bookstore.

XCIS 523 01

Tues & Thur, May 12 & 14, 8 a.m.-noon
G112/Ash TLC in Greenville

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CUSTOMIZED WORKFORCE EDUCATION

Did you know?

Montcalm Community College provides ***corporate*** and ***industry training***.

MCC delivers training locally. Whether your employees require standard courses or customized training, MCC offers you in person, online and hybrid course options at your business or at one of our campuses.

Samples of training topics include the following:

LEAN

Safety – OSHA 10 and OSHA 30

Industrial First Aid, CPR, Blood-borne Pathogens & AED

ISO Quality Management Development & Implementation

Internal Auditor

GD&T

Blueprint Reading

Industrial Math

Calibration

Meteorology

Quality CORE Tools (PPAP-FMEA-SPC-MSA-APQP)

Team Building

Leadership

Effective Supervision

Sales

Microsoft Office

AWS Welding Qualification

Training and Testing

CNC

To learn more about MCC's Workforce Education, contact Susan Hatto at susan.hatto@montcalm.edu or 989-328-1254.

For information about other available courses, visit
www.montcalm.edu/career-development.



CULTURE/TRAVEL

Grand Tour of Israel

*Led by Jared and Gary Hauck, Percussive Tours.
The cost is \$2,995*

MCC offers a 10-day trip to Israel May 9-18 in partnership with Percussive Tours. The trip will include guided sightseeing in more than 15 ancient cities including Jerusalem, Bethlehem and Jericho. Visit the birthplace of Christianity, Judaism and Islam and enjoy learning the history behind all three religions. The cost per person includes all international flights, nightly 3- and 4-star accommodations, shuttle service from Montcalm County to Chicago airport, premium daily guided tours with air-conditioned bus and licensed local guide, all ground transportation, full time travel director and all listed admissions and tours. For more information and to sign up, visit percussive.org/israel or email Jared Hauck at percussivetours@gmail.com. The registration deadline is January 9, 2020.

GREAT DECISIONS GLOBAL DISCUSSIONS

MCC partners with the World Affairs Council of Western Michigan to promote the Great Decisions Discussion series. Great Decisions is America's largest discussion program on world affairs, initiated by the Foreign Policy Association in New York City. Please visit worldmichigan.org for a complete listing of presentation topics, dates, times and locations.

LIFELONG LEARNERS

Community members are invited to participate in MCC's Lifelong Learners. LLL was organized in 1998 to provide enrichment experiences for mature learners. Membership is open to those age 18 and older. The annual membership fee is \$12. Members attend sessions for free. Non-members pay \$3 per session. Visit www.montcalm.edu/LLL or call (989) 328-1065 for more information.

The Young President Ford

Presented by Caroline Cook.
April 24, 10 a.m.-noon
G129/Ash TLC in Greenville

Early Life in the Flat River Valley

Presented by John Simmons, President of the Flat River Watershed Council.
May 8, 10 a.m.-noon
G129/Ash TLC in Greenville

101 Interesting Things that Happened on the Mackinac Bridge

Presented by Mike Fornes, Author.
May 22, 10 a.m.-noon
G129/Ash TLC in Greenville

Weather or Not – Tools of the TV Meteorologist

Presented by George Lessens, WZZM 13 Chief Meteorologist.
June 5, 10 a.m.-noon
G129/Ash TLC in Greenville



MARK YOUR CALENDAR!

MCC EVENTS AND CALENDAR

All events are free and do not require registration unless otherwise noted, and lunch or dinner are provided for free for all attendees.

For more information, visit www.montcalm.edu/Arts-and-Culture, www.montcalm.edu/academic-calendar, www.montcalm.edu/events, www.montcalm.edu/LLL and www.montcalm.edu/nature-trails or contact MCC Cultural Events Coordinator Andrea Dowland at andrea.dowland@montcalm.edu or (989) 328-1065.

JANUARY

- 10 Regular registration for spring classes ends.
- 11 Spring classes begin.
- 11 Late registration begins for spring classes.
- 17 Late drop period ends for spring classes; no refunds will be issued after this time.
- 17 Snowshoe Friday hosted by the MCC Nature Trails Committee.
- 20 Martin Luther King Jr. day presentation.
- 24 Snowshoe Friday hosted by the MCC Nature Trails Committee.
- 31 Snowshoe Friday hosted by the MCC Nature Trails Committee.

FEBRUARY

- 1-28 Celebration of Black History Month.
- 3 Registration begins for summer classes.
- 3 Walk on the Kenneth J. Lehman Nature Trails hosted by the MCC Nature Trails Committee.
- 7 Snowshoe Friday hosted by the MCC Nature Trails Committee.
- 7 "A Night Out with Owls" presented by the MCC Nature Trails Committee.
- 14 Snowshoe Friday hosted by the MCC Nature Trails Committee.
- 21 "Family Astronomy Night" presented by the MCC Nature Trails Committee.
- 21 Heart Beatz event.

MARCH

- 1-31 Celebration of Women's History Month.

- 2 Walk on the Kenneth J. Lehman Nature Trails hosted by the MCC Nature Trails Committee.
- 7 Blandford Nature Center presentation hosted by the MCC Nature Trails Committee.
- 17 Ash Lectureship Series, in partnership with the World Affairs Council.
- 21 Spring Sojourn Trail Walk hosted by the MCC Nature Trails Committee.
- 30-April 5 Spring break; offices and recreation facilities will be closed April 3-5

APRIL

- 6 Walk on the Kenneth J. Lehman Nature Trails hosted by the MCC Nature Trails Committee.
- 6 Fall 2020 registration begins.
- 7 World Health Day presentation.
- 17 MCC Nature Trails Committee winter and spring photography contest entry deadline.
- 18 Chicago trip.
- 23 Montcalm Heritage Village lasagna dinner.
- 24 Lifelong Learners presentation.
- 26 MCC Philharmonic Orchestra and Alumni & Friends Choir "All That Jazz" spring concert.

MAY

- 1 Spring classes end.
- 1 Commencement.
- 4 Walk on the Kenneth J. Lehman Nature Trails hosted by the MCC Nature Trails Committee.
- 8 Lifelong Learners presentation.
- 22 Lifelong Learners presentation.

JUNE

- 5 Lifelong Learners presentation.



CREATIVE WRITING SEMINAR

Flash Fiction

Taught by Cheryl Meyer. The cost is \$25.

Learn to craft stories of fewer than 1,500 words. This course will cover plot, scene and character development in this short format. Bring imagination; prompts will be provided.

XENG 249 01

Tues, Feb. 25, 6-8 p.m.

D308/Beatrice E. Doser Building in Sidney

Story-telling: The Short Story

Taught by Cheryl Meyer. The cost is \$25.

Develop your narrative skills. This course will focus on plot, scene and character in fiction of more than 1,500 words. Have a story idea? Bring it! Just want to explore the genre? Prompts will be provided.

XENG 251 01

Tues, March 17, 5:30-8:30 p.m.

D308/Beatrice E. Doser Building in Sidney

Poetry: Free-verse

Taught by Cheryl Meyer. The cost is \$25.

Free-verse is the Jazz of poetry. Play with words as you craft your inspirations. This course will explore the music in the words and form.

XENG 283 01

Tues, April 14, 5:30-8:30 p.m.

D308/Beatrice E. Doser Building in Sidney

HOME/FAMILY/HOBBIES

Whole Food Plant-Based Eating for Springtime

Taught by Elizabeth Pitzer. The cost is \$39.

Come learn about "food you love that loves you back" with a fresh and satisfying menu for springtime. More and more people are identifying as vegans and doing their best to follow a whole food plant-based diet for the good of their bodies and the environment. Elizabeth will demonstrate cooking tips and techniques while making dishes that are wholesome and seasonal. Enjoy enough samples to make up a meal, all while discussing the benefits of a whole food plant-based diet and why more and more people are trying to move their diets in this direction. All recipes and a resource list will be provided.

XHFL 165 01

Sat, Feb. 29, 10 a.m.-1 p.m.

G111/Ash TLC in Greenville

Essential Oils for Spring Cleaning (Make & Take Workshop)

Taught by Faith Brophy. The cost is \$20 which

includes four do-it-yourself (DIY) take-home items.

Ahh the freshness of spring! It makes you want to clean out the grime of winter and break out the...chemicals? Do you know what is actually in the products you clean your home with? Are you concerned about the dangers of toxic chemicals in store-bought household products? Learn the basics of getting started with essential oils, including how easy is it to ditch the toxins and switch to incorporating essential oils into household cleaning and beauty routines. Attendees will have a chance to make and take home four DIY items that will be perfect for tackling spring cleaning. All supplies and take-home materials are included in the cost of class.

XHDV 211 01

Sat, March 7, 9:30-11:30 a.m.

G119/Ash TLC in Greenville

Spring 2020 19



Introduction to Beekeeping

Taught by Elizabeth Pitzer. The cost is \$29.

Along with other pollinators, these at-risk insects are fighting to survive in a world of lost habitat, invasive parasites, and deadly insecticides. Learn the basics of beekeeping, from the confusing jargon that describes equipment, to sources for buying equipment and your first bees. The make up of the colony and its yearly life cycle, setting up a hive, disease management and control, and good resources for further study will all be explored. Also, sample several different types of honey to experience just how “sweet” honeybees can be.

XPER 193 01

Sat, March 14, 10 a.m.-noon

G118/Ash TLC in Greenville

Gardening 101

Taught by Elizabeth Pitzer. The cost is \$39.

Start gardening season off with a plan this year. Learn the best way to select and prepare a vegetable bed, and how to select the vegetable and pollinator-attracting flower plants that go in it. Learn the best sources of seeds and plants for your garden, when to plant them, and how to maintain the garden throughout the growing season. Participants will go home with four heirloom seedlings to plant in their spring garden.

XHFL 152 01

Mon, April 13, 6:30-8:30 p.m.

G111/Ash TLC in Greenville



Gifts from the Hive

Taught by Elizabeth Pitzer. The cost is \$39 (includes 5 items to take home).

Using the honey and beeswax from your hives is a fun part of beekeeping. Learn how to make lotion, lip balm, beeswax candles and several other items suitable as gifts from the products of your hives. If you don't have bees, no worries, beeswax and honey are readily available from many of the local beekeepers in west Michigan and can be used to make these wholesome, natural and practical gifts for your friends, family or yourself. In this workshop-styled class, participants will make five different items to take home.

XHFL 154 01

Wed, May 6, 8-9 p.m.

G119/Ash TLC in Greenville

HOME MAINTENANCE WORKSHOPS

This series is designed to help you make minor home repairs to save you money. The classes will be taught in a "hands-on" setting, so everyone knows how to complete the skills at home.

Home Maintenance 101 Workshops: Full Series

Taught by Peter Murr. The cost for the entire 6-workshop series is \$150 (a savings of \$4 off each individual session).

XHFL 300 01

Saturdays, Jan. 18, Feb. 22, March 21, April 18, May 2, May 16, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Home Maintenance 101

Workshops: Tools

Taught by Peter Murr. The cost is \$29.

Learn the basics of drills. Leave the workshops knowing what type of drill to buy and how to select the right drill bit. Also, learn safe usage of a drill.

XHFL 301 01

Sat, Jan. 18, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Home Maintenance 101

Workshops: Toilets

Taught by Peter Murr. The cost is \$29.

Learn how to repair and unclog a toilet. Leave the class knowing the parts of a toilet and how to replace them.

XHFL 302 01

Sat, Feb. 22, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Home Maintenance 101

Workshops: Faucets

Taught by Peter Murr. The cost is \$29.

Learn how to replace a faucet and unclog a sink. Leave the class knowing how to install a new faucet.

XHFL 303 01

Sat, March 21, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Home Maintenance 101

Workshops: Painting

Taught by Peter Murr. The cost is \$29.

Learn the basics of painting. Leave the class knowing how to repair holes before painting and effective painting techniques.

XHFL 304 01

Sat, April 18, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

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WWW.MONTCALM.EDU/CAREER-DEVELOPMENT



Home Maintenance 101 Workshops: Hanging Items

Taught by Peter Murr. The cost is \$29.

Learn the basics of hanging level items securely to the wall. Leave the workshop knowing how to hang a flat screen TV, blinds, pictures, mirrors, and install curtain rods.

XHFL 305 01

Sat, May 2, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Home Maintenance 101 Workshops: Lights & Switches

Taught by Peter Murr. The cost is \$29.

Learn how to install lights and switches.

XHFL 306 01

Sat, May 16, 10 a.m.-2 p.m.

G119/Ash TLC in Greenville

Medicare Made Easy

Taught by Lori Williams, Medicare plan specialist at Michigan Farm Bureau. This course is free, but pre-registration is required.

Medicare can be confusing. It's easy to miss important information and make a wrong choice that can cost you thousands of dollars down the road. Learn all about the ABCs and D of Medicare, and how to make the most of your Medicare benefits. No products will be sold here; it's strictly educational. This class is appropriate for anyone who will be signing up for Medicare in the near future and their caregivers.

XDVE 220 01

Wed, March 11, 6-7:30 p.m.

G129/Ash TLC in Greenville

PERSONAL ENRICHMENT

Introduction to Ballroom Dance

Taught by Cynthia Cuffman & Matt Devereaux.

The cost is \$75/couple or \$40/person.

Learn basic dance principles and technique, as well as a survey of various styles of dance including waltz, foxtrot, rumba and nightclub two step.

XPHE 172 01

Mon, March 2-23, 6-7:30 p.m.

G129/Ash TLC in Greenville

XPHE 172 02

Mon, March 30-April 20, 6-7:30 p.m.

G129/Ash TLC in Greenville

Reiki I and II

Taught by Lori Brown. The cost is \$249 and includes certification.

Reiki is a form of hands-on healing, with its origins in India and the East dating back many thousands of years before the time of Christ and Buddha. Upon class completion, attendees will be Reiki Level 1 & 2 certified as well as Pet Reiki certified.

XHDV 211 01

Sat, Feb. 29, 10 a.m.-4 p.m.

G119/Ash TLC in Greenville

XHDV 211 02

Sat, May 9, 10 a.m.-4 p.m.

G119/Ash TLC in Greenville

Chakras for Balancing & Healing

Taught by Lori Brown. The cost is \$39.

Attendees will learn about how Chakras help balance, align, and heal and how Chakras affect people's lives on a daily basis.

XHDV 223 01

Sat, Jan. 25, 10 a.m.-1 p.m.

G119/Ash TLC in Greenville

XHDV 223 02

Wed, April 22, 6-9 p.m.

G119/Ash TLC in Greenville



Introduction to Numerology & Alphabet

Taught by Lori Brown. The cost is \$39.

Attendees will learn about the significance of numbers and letters in the field of numerology and how to use them to predict and help in daily life.

XHDV 222 01

Sat, March 14, 10 a.m.-1 p.m.

G119/Ash TLC in Greenville

XHDV 222 02

Mon, May 18, 6-9 p.m.

G119/Ash TLC in Greenville

Introduction to Dreams and Their Meanings

Taught by Lori Brown. The cost is \$39.

Attendees will learn about the significance of dreams and interpretations of dreams to find hidden messages and understand deeper meanings.

XHDV 230 01

Sat, March 28, 10 a.m.-1 p.m.

G119/Ash TLC in Greenville

XHDV 230 02

Thur, May 28, 6-9 p.m.

G119/Ash TLC in Greenville

Women's Self-Defense - Basic

Taught by the Michigan State Police Lakeview Post. This course is free, but pre-registration is required, and space is limited. This class is for ages 16 and older.

The Michigan State Police offers a self-defense class for women. Topics will include awareness of your surroundings, being observant, avoidance of dangerous situations and hands-on techniques of self-defense. The primary focus of this course is teaching the mental skills that contribute to survival and helping instill a "survival mindset" into participants of the course.

XSAF 115 01

Wed, Feb. 26, 6-8 p.m.

G129/Ash TLC in Greenville

XSAF 115 02

Wed, March 25, 6-8 p.m.

G129/Ash TLC in Greenville

Women's Self-Defense - Advanced

Taught by the Michigan State Police Lakeview Post. This course is free, but pre-registration is required, and space is limited. This class is for ages 16 and older.

Women learn hands-on techniques including strikes to an attacker, escapes from being bound and ground self-defense. Wear comfortable clothes and shoes. This class builds on knowledge and skills learned in the basic course, and attendees should participate in the basic course before attending the advanced course.

XSAF 116 01

Wed, April 15, 6-8 p.m.

G129/Ash TLC in Greenville

XSAF 116 02

Wed, May 13, 6-8 p.m.

G129/Ash TLC in Greenville

HEALTH CARE

First Aid

Taught by Don Eady. The cost is \$65.

The American Heart Association Heartsaver® First Aid is for anyone with limited or no medical training who needs a course completion card in first aid. First aid basics, medical emergencies, injury emergencies and environmental emergencies are covered. The enrollment deadline is one week before the course begins.

XMED 248 01

Wed, Feb. 5, 8 a.m.-noon
G111/Ash TLC in Greenville

XMED 248 02

Wed, May 13, 8 a.m.-noon
S014/Smith Building in Sidney

CPR/BLS Health Care Provider

Taught by Don Eady. The cost is \$75.

The American Heart Association BLS for Health Care Providers Course prepares a wide variety of health care professionals to recognize several life-threatening emergencies and to provide CPR, use an AED and relieve choking in a safe, timely and effective manner. The course fee includes the cost of the book, mask and card. Enrollment deadline is one week before the course begins.

XMED 243 01

Wed, March 11, 8 a.m.-2 p.m.
S014/Smith in Sidney

XMED 243 02

Fri, April 17, 8 a.m.-2 p.m.
G119/Ash TLC in Greenville

XMED 243 03

Wed, May 13, 1-6 p.m.
G119/Ash TLC in Greenville

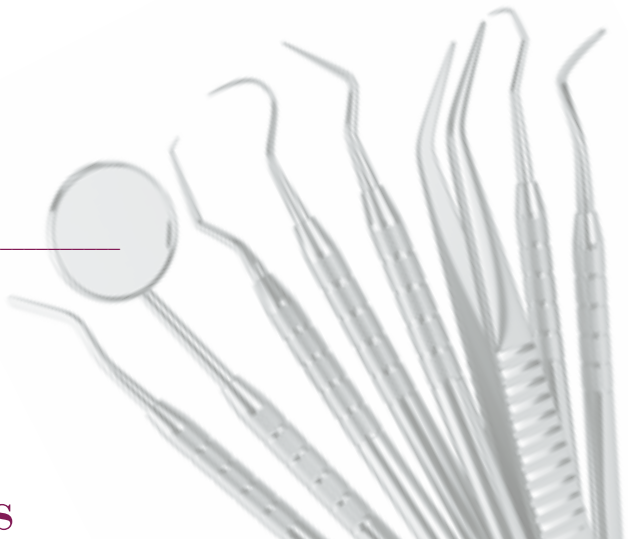
Dental Assisting Program

Taught by CCI. The cost is \$1,199, which includes textbooks.

The 60-hour Dental Assisting Program prepares students for entry level positions in one of the fastest growing health care positions – Dental Assisting. The purpose of this course is to familiarize the student with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. This course covers the following key areas and topics – Administrative Aspects include: the history of dentistry and dental assisting; introduction to the dental office; the legal aspects of dentistry; policies and guidelines. Clinical Aspects include: introduction to oral anatomy; dental operatory; dental equipment, introduction to tooth structure; primary and permanent teeth; the oral cavity and related structures; proper patient positioning; dental hand-pieces; sterilization; and other areas. In addition to entry-level administrative jobs, this course is ideal for students interested in pursuing a future formal Dental Hygienist program.

XMED 304 01

Mon & Wed, March 18-May 13, 6-9:30 p.m.
A038/Stanley P. Ash Building in Sidney





Pharmacy Technician Program

Taught by CCI. The cost is \$1,199, which includes textbooks.

This comprehensive 50-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement.

XMED 300 01

Tues & Thur, March 26-May 14, 6-9:30 p.m.
S017/Smith Building in Sidney

ONLINE E-LEARNING HEALTH CARE COURSES

Visit www.healthedtoday.com/Montcalm to experience a course demonstration and to learn more about these programs.

Pharmacy Technician – Online

Taught by CCI. The cost is \$1,299.

This comprehensive course prepares students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCB exam. Course content includes pharmacy medical terminology, pharmacy calculations, reading and interpreting prescriptions, defining generic and brand name drugs and more. The program also includes an optional clinical externship at a local health care provider.

XMED 303 01

Start anytime. Call 989-328-1012 to register.

Medical Billing & Coding – ONLINE

Taught by CCI. The cost is \$1,799.

This billing and coding course offers the skills needed to perform complex coding and billing procedures. The course covers CPT (Introduction, Guidelines, Evaluation and Management), specialty fields (such as surgery, radiology and laboratory), ICD-9 (Introduction and Guidelines) and basic claims processes for insurance reimbursements.

XMED 131 01

Start anytime. Call 989-328-1012 to register.

Medical Coding ICD-10 – ONLINE

Taught by CCI. The cost is \$999.

As of October 2014, the U.S. health care system is working to move from ICD-9 to ICD-10 for service coding purposes. This program includes a detailed review of both ICD-10 (diagnostic coding) and ICD-10-PCS (inpatient procedural coding), differences between ICD-9 and ICD-10, federal regulation, hands-on exercises, case studies and more.

XMED 202 01

Start anytime. Call 989-328-1012 to register.

Dental Assisting – ONLINE

Taught by CCI. The cost is \$1,299.

This course prepares students for entry-level positions as a chairside dental assistant. It covers the history of dentistry, introduction to the dental office, the legal aspects of dentistry, oral anatomy, dental operatory, tooth structures, primary and permanent teeth, the oral cavity and other areas. It also includes an optional clinical externship with a local health care provider.

XMED 306 01

Start anytime. Call 989-328-1012 to register.

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KIDS' COLLEGE

Art

Color My World

Taught by Sue Moss. The cost is \$39.

This class is for ages five and older.

This class is designed for students who love to paint and create with color. In this class, students will have the opportunity to try Acrylic, Tempera and Watercolors paints, creating pieces of art while learning about each medium. At the end of the course, participants will hold an exhibit to showcase what they have learned.

XART 114 01

Mon, Jan. 20-Feb. 24, 4:30-5:30 p.m.

G125/Ash TLC in Greenville

Art Academy

Taught by Sue Moss. The cost is \$39.

This class is for ages five and older.

Learn basic art techniques as well as art appreciation and create new and beautiful projects. Each week we'll explore a different art media such as charcoal, pen and ink, acrylic paint, watercolor, pastel, and mixed media. The course is designed to foster creativity and imagination within each child. At the end of the course, participants will hold an exhibit to showcase what they have learned.

XART 125 01

Mon, March 16-April 27, 4:30-5:30 p.m.

(No class March 30)

G125/Ash TLC in Greenville

Introduction to Video Game Concept Art

Taught by Sue Moss. The cost is \$39.

This class is offered for students ages eight and older.

Young Artists are introduced to Concept Art in Video Game Design. A concept artist creates a visual representation of an idea for use in movies, video games, animation or comic book art before it is added into the final product. Concept artists draw or paint characters, graphics, environments, or anything that is called for on a project. Students will develop and create a character while learning fundamentals of drawing and use pencils, paint and markers to color their designs.

XART 595 01

Mon, May 4-18, 4:30-6 p.m.

G111/Ash TLC Greenville

Health Care

Babysitter Heartsaver CPR

Taught by Don Eady. The cost is \$65.

This class is for youth ages 10-18 years old.

American Heart Association Heartsaver® CPR is an instructor-led course that teaches child and infant CPR and how to relieve choking in children and infants. This course teaches skills with the AHA's research-proven practice-while-watching techniques, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. Enrollment deadline is one week before the course begins.

XMED 150 01

Mon, March 30, 1-4 p.m.

G119/Ash TLC in Greenville



HISTORY

Still Standing: One-Room Schools of West Central Michigan

Taught by Dana Kenneth Johnson. The cost is \$75 for this five-week series.

This is a five-part series that expounds on the Old School Project and explores rural schools still standing in Montcalm County and the surrounding counties.

XHIS 230 01

Wed, Feb. 5-March 4, 6-7:30 p.m.
G119/Ash TLC in Greenville

Lost & Found: Ghost Towns of West Central Michigan

Taught by Dana Kenneth Johnson. The cost is \$45 for three-week series.

Beginning in Montcalm County and expanding out into the surrounding area, West Central Michigan has hundreds of ghost towns, some of them nothing more than a name given to a railroad crossing, others with people still living there that don't even know the history!

XHIS 220 01

Wed, March 11-25, 6-7:30 p.m.
G119/Ash TLC in Greenville

When Rails Ruled: A History of Railroads in Montcalm County and Vicinity

Taught by Dana Kenneth Johnson. The cost is \$15.

Examine the development and expansion of the railroad system through Montcalm County and surrounding areas, and features photos of rail depots, route maps, with railroad stories, and whistle stops along the way.

XHIS 225 01

Wed, April 8, 6-7:30 p.m.
G119/Ash TLC in Greenville

Diaries of 19th Century Michigan Pioneers

Taught by Dana Kenneth Johnson. The cost is \$15.

Explore the lives, families and locations of four Michigan pioneers, based on their 19th Century diaries:

Adelbert Worden of Berlin Township, Ionia County, wrote his journal in 1879 at age 26. Captain Robert Walter Hoy of Fenwick wrote his in 1883 at age 59. Stephen Staines wrote his from upstate New York in 1864 at age 19, just a year before moving with his family to the Fenwick area. Sophronia (Burney) Frayer wrote her diary in 1881 at age 32 just a few years after moving from Newberg in Cass County to Alanson in Emmet County where she and her husband Hollis served as the town's postmasters.

XHIS 215 01

Wed, April 15, 6-7:15 p.m.
G119/Ash TLC in Greenville

MUSIC

MCC Philharmonic Orchestra

Led by Howard Wilson. The cost is \$15.

The spring musical theme is All That Jazz! This course is for instrumentalists with previous instrumental ensemble experience. The spring 2019 concert will be Sunday, April 26, at 3 p.m. in conjunction with the MCC Alumni & Friends Choir.

XMUS 150 01

Wed, Feb. 26-April 22, 7-9 p.m.
(No rehearsal on April 1.)
Band Room/Greenville Middle School

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MCC Alumni & Friends Choir

Led by Val Vander Mark. The cost is \$15.

The spring musical theme is All That Jazz! MCC's Alumni & Friends Choir is a community and student non-audition choir that welcomes everyone, high school age and older, who has an interest in singing in a choral group. The choir performs a concert each fall and spring and also sings for MCC's commencement in May. Repertoire ranges from pop to classical, depending on the concert theme. The spring "All That Jazz" concert will be on Sunday, April 26, at 3 p.m. in conjunction with the MCC Philharmonic Orchestra.

XMUS 155 01

Thur, Feb. 27-April 23, 6:30-8:30 p.m.

(No rehearsal on April 2.)

G129/Ash TLC in Greenville

WORRIED ABOUT THE SAT, ACT OR GED?

These courses will help you gain the knowledge you need and help you with test-taking strategies.

GED Test Preparation – ONLINE

Taught by Education To Go. The cost is \$90.

This course will help you develop the additional reading and thinking skills you'll need to succeed in all five GED test areas: writing skills, social studies, science, literature and math. After completing this course, you should be well-equipped to take – and pass – the GED.

XEDG 533

Offered monthly. See Education To Go start dates and enrollment information on p. 37.

Prepare for the GED Math Test – ONLINE

Taught by Education To Go. The cost is \$90.

Master the skills required to successfully pass Test 5 in the GED test series. You'll start off with a review of math basics and begin building the foundation you'll need to solve the types of math problems commonly found on the test. In the process, you'll develop hands-on experience with fractions, decimals, percentages, proportions, statistics, algebra and geometry. Then, you'll get a chance to apply your knowledge by practicing with the same kind of questions you may encounter on the GED test. By the time you finish this course, you'll be much more comfortable with your math skills, and you'll know how, when and why to use each math concept you learn.

XEDG 535

Offered monthly. See Education To Go start dates and enrollment information on p. 37.

SAT/ACT Preparation Part 1 – ONLINE

Taught by Education To Go. The cost is \$90.

Prepare for the reading, English and science sections of the ACT and the critical reading and writing sections of the new SAT 2005. Refresh your knowledge of verbal topics and learn techniques to relieve test-taking anxiety.

XEDG 531

Offered monthly. See Education To Go start dates and enrollment information on p. 37.



SAT/ACT Preparation Part 2 – ONLINE

Taught by Education To Go. The cost is \$90.

In addition to preparing you for specific question types on both exams, this course provides pointers on time management, anxiety relief, scoring and general standardized test-taking. Weekly assignments encourage you to work with your fellow classmates and your instructor to maximize your performance on all aspects of the math questions of the ACT and SAT. Taken with part 1, this course prepares you to excel in all sections of the undergraduate college entrance exams and provide you with the means to achieve your best potential score.

XEDG 532

Offered monthly. See Education To Go start dates and enrollment information on p. 37.

PROFESSIONAL DEVELOPMENT FOR PARAPROFESSIONALS & EDUCATORS

Adversity, Trauma, and Resiliency

Taught by Pepper Near. The cost is \$399

This course provides a comprehensive review of adverse situations and events that cause stress and/or trauma in children including grief, societal violence, bullying, school violence, war, deployment and loss, abuse and maltreatment, domestic violence, parental mental illness, economic and environmental stressors, displacement and natural disasters. Students will explore the characteristics and signs of stress/trauma; the effects of trauma on development; resiliency factors; methods to enhance resiliency; and trauma resolution techniques.

XECD 161 01

Thurs, Jan. 16-April 30, 6-7:25 p.m.
M204/ Morford Building in Sidney

Guiding Children's Behavior

Taught by Pepper Near. The cost is \$399

This course provides an in-depth study of positive interaction techniques which facilitate guiding children's behavior and explores how adult/child interactions, parenting styles and guidance techniques contribute to the development of self-esteem in children. Students will engage in extensive personal and professional reflection to identify how personal history, values and behavioral expectations influence adult interactions with young children.

XECD 162 01

Thurs, Jan. 16-April 30, 7:30-9 p.m.
M204/ Morford Building in Sidney

SCECH FOR TEACHERS STATE CONTINUING EDUCATION CLOCK HOURS

Continuing education courses designed for K-12 teachers and administrators.

Earn up to 24 Michigan State Continuing Education Clock Hours per course.

Online courses begin Jan. 15, Feb. 12, March 18, April 15, May 13, June 17 and July 15.

Classroom courses:

CPR

CPR Refresher

First Aid

Youth Mental Health First Aid

Online courses:

Advanced Grant Proposal Writing

Empowering Students with Disability

Fundamentals of Supervision and Management

Guided Reading & Writing

Integrating Technology in the Classroom Leadership

Solving Classroom Discipline Problems

Writing Effective Grant Proposals

Please contact MCC's SCECH coordinator prior to registering for classes at 989-328-1012 in order to receive full SCECH credit.

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KENNETH J. LEHMAN NATURE TRAILS ACTIVITIES

The Kenneth J. Lehman Nature Trails are located on Montcalm Community College's Sidney campus. They are open to the public from dawn until dusk, 365 days a year. There is no charge to visit these beautiful trails winding through forests, grasslands and wetlands. More than four miles of trails are marked with numbered trail posts, including a paved and accessible loop, and maps are available at most major trail heads. In addition, a disc golf course is open and free to use. Course maps and score sheets are available at the Recreation Desk in the Activities Building or at Hole No. 1, located between the tennis courts and College Drive. Discs are available to rent at MCC's Recreation Desk. For more information, email naturetrails@montcalm.edu, call 989-328-1270 or visit www.montcalm.edu/nature-trails.

Registration is typically not required for Nature Trails events unless the committee needs to arrange for materials and supplies. However, the committee is piloting an optional registration in 2020, which will allow additional communication with those who register regarding event changes, such as a change in location, date, time, etc. It is still acceptable to come to the event(s) without signing up in advance. To register, go to www.montcalm.edu/nature-trails and use the EventBrite links found under the Activities section.

Cancellation Policy: All outdoor events are subject to cancellation due to poor weather conditions, including steady rain, thunderstorms, or extreme wind or temperature. Decisions will be made approximately two hours (or more) prior to an event and will be posted on the MCC Nature Trails Facebook page, which may be accessed on the group's web page at www.montcalm.edu/nature-trails.

Winter and Spring Photography Contest

April 17 is the deadline to submit your winter and spring photos taken on the MCC Nature Trails between Nov. 1, 2019, and April 17, 2020. Go to www.montcalm.edu/photo-contest to submit entries in the following categories: Animal, Plant/Fungi, Landscape, or Other. Contest winners will be announced in late April. Winning photos in each category will be displayed in Room 133 in the Stanley P. Ash Building on MCC's Sidney Campus. Contact naturetrail@montcalm.edu for more information.

Snowshoe Fridays

Join MCC instructor Cheryl Meyer snowshoeing on the trails on Fridays from Jan. 17 through Feb. 14 from 12:15 to 1 p.m. Any ability level is welcome and the instructor can provide tips and help to get you started. Bring your own snowshoes. If there is no snow, there will be hiking or running instead. Meet at the Recreation Desk in the Activities Building on MCC's Sidney Campus. Contact Cheryl at cherylm@montcalm.edu for more information.

Pre-Order an MCC Nature Trails/Earth Day T-shirt

Due to popular demand, we'll be back with another Earth Day T-shirt; shirt design will be posted on our website and Facebook page beginning in January 2020. Children and adult sizes (S, M, L, XL) are available for \$10. Adult (2XL-5XL) are available for \$14. The shirts may be personalized to say MCC Nature Trails on the sleeve. The Nature Trails Committee receives 30 percent of the profit from all sales. Orders are accepted from Feb. 1-28. Please visit www.montcalm.edu/nature-trails for details about how to place an order. Pre-payment is preferred. In order to get the shirts before Earth Day, the last day to order is Feb. 28.

Please visit www.montcalm.edu/nature-trails for the most up-to-date event information.



Trail Walks

Join MCC Biology Instructor Heather Wesp for informative and fun walks on the Kenneth J. Lehman Nature Trails on MCC's Sidney campus. Learn about local plants, animals and ecology. Your interests and questions drive this class, which meets rain or shine. All ages are welcome. Meet in Room 138 in the Stanley P. Ash Building on MCC's Sidney campus. The walks are from 5:30 to 6:30 p.m. on the first Monday of the month, as follows: Feb. 3, March 2, April 6, and May 4. Contact Heather at hwesp@montcalm.edu for more information.

Night Out with Owls

Learn about native owls, including their myths, from MCC instructor Cheryl Meyer on Feb. 7 from 5 to 7 p.m. There will be a 30-minute presentation indoors, then approximately one hour walking the Kenneth J. Lehman Nature Trails on MCC's Sidney campus looking and listening for owls. Please dress appropriately for the weather, including boots or snowshoes. The group will return to the classroom around 6:45 p.m. to warm up and wrap up. Please meet in room A138 in the Stanley P. Ash Building on MCC's Sidney campus. Contact Cheryl at cherylm@montcalm.edu for more information.

Blandford Nature Center Presentation

Join presenters from the Blandford Nature Center to investigate the characteristics of birds including feathers, nests, beaks, feet and songs to better understand these unique flying vertebrates! A variety of live birds are included in the presentation, which is March 7 from 1 to 3 p.m. in room A137 in the Stanley P. Ash Building on MCC's Sidney Campus. People of all ages are welcome.

Family Astronomy Night

Join MCC Instructor Don Adkison as he introduces basic astronomy topics, including winter constellations during Family Astronomy Night Feb. 21 from 6 to 8 p.m. This presentation will focus on child-friendly activities (age 7 to 12) as well as night sky viewing (a short walk). Please dress appropriately for the weather; attendees may want to bring blankets or flashlights (cover ends in red Saran wrap or color with a red dry erase marker). The group will return to the classroom around 7:30 p.m. to warm up and wrap up. In the event of cloudy skies, the night-sky viewing may be rescheduled for Saturday night, Feb. 22; check www.facebook.com/MCCNatureTrails for updates after 4 p.m. on Feb. 22. Please meet in room A138 in the Stanley P. Ash Building on MCC's Sidney campus. Contact Don Adkison at donalda@montcalm.edu for more information.

Spring Sojourn Trail Walk

Join members of the MCC Nature Trails Committee as we take in the serenity of a spring (or winter) landscape on March 21 from 10:30 a.m. to noon. Please dress appropriately for the weather and meet at the Robert E. Marston Pavilion (near the bike path and greenhouse) on MCC's Sidney Campus. Contact naturetrail@montcalm.edu for more information.

April Events

Disc Golf 101 *presented by Matt Helms*

Nature Trails Earth Day Clean-up

May Events

Spring fungi *presented by Ethan Christensen*

Companion Planting with Mushrooms in Vegetable Gardens *presented by Ethan Christensen*

Migratory Birds *presented by Cheryl Meyer*

Art and Nature *presented by Heather Wesp*

Please visit www.montcalm.edu/nature-trails for the most up-to-date event information.

FITNESS & RECREATION

FITNESS & RECREATION

**For more information call 989-328-1259
Effective Jan. 2 through May 22, 2020**

Pool

There are programs for everyone from infants to senior citizens, in MCC's NCAA-sized swimming pool. Although we do provide a lifeguard on deck, any child younger than age 10 must always be accompanied by an adult.

Open Swim

Mon 10 a.m.- 1 p.m. & 6:30-8:30 p.m.
Tues 11 a.m.-1 p.m. & 6:30-8 p.m.
Wed 10 a.m.- 1 p.m. & 6:30-8:30 p.m.
Thur 11 a.m.-1 p.m. & 6:30-8 p.m.
Fri 10 a.m.- 1 p.m. & 6:30-8:30 p.m.
Sat 1-4 p.m.
Sun..... 1-4 p.m.

Lap Swim

Join us for an hour of lap swimming, which is a great form of exercise. Participants must be at least 17 and proficient swimmers.

Mon 9-10 a.m.
Tues 7-8 a.m. & 10-11 a.m.
Wed 9-10 a.m. & 5-6:30 p.m.
Thur 7-8 a.m. & 10-11 a.m.
Fri..... 9-10 a.m. & 5:30-6:30 p.m.
Sat 12-1 p.m.
Sun..... 12-1 p.m.

Water Walking

Adults are invited to create their own water walking program and increase their fitness level. Program direction is available from the pool staff. Thirty minutes of water walking is equal to two hours of walking on land. Benefits include improved muscle tone, heart health, flexibility and calorie burning.

Mon 7-8 a.m.
Tue 8-9 a.m.
Wed 7-8 a.m.
Thur 8-9 a.m.
Fri..... 7-8 a.m.

Water Aerobics

Adults may join instructor led cardiovascular workouts, which can aid in stress management improve sleep, help with weight, control appetite, increase energy, and reduce heart disease and other ailments. Exercises to music include warm-up and cool-down and may include using equipment.

Mon 8-9 a.m.
Tues 9-10 a.m. & 5:30-6:30 p.m.
Wed 8-9 a.m.
Thur 9-10 a.m.
Fri..... 8-9 a.m.

Masters Swimmers & Triathlon Training

This evening group is for adults age 17 or older who are preparing for competitive events or leisure swimmers who would like a coach to help them work on their technique and help them swim faster. Participants will meet and train individually and in groups.

Tues. & Thur. 8-9:15 p.m.

Semi-Private swim lessons

The cost is \$60 for 6 lessons. Registration is required. Call Lifeguard and WSI Phil Garcia at 989-328-1004 to coordinate swimming lesson time. Each 30-minute semi-private lesson is programmed to fit individual needs. Lessons are for all ages and skill levels and are scheduled when other activities are occurring in the pool. Pool/Activities Building in Sidney

Private swim lessons

The cost is \$75 for 6 lessons. Registration is required. Call Lifeguard and WSI Phil Garcia at 989-328-1004 to coordinate swimming lesson time. Each 30-minute private lesson is programmed to fit individual needs. Lessons are for all ages and skill levels and are scheduled when other activities are not occurring in the pool. Pool/Activities Building in Sidney



Swimming Lessons

January 13-May 21

There are 6 swimming lesson sessions to choose from, with four swim levels at different times. All sessions are group lessons and cost \$60 per child for six classes. All classes are taught by American Red Cross Certified Water Safety Instructors (WSI). Registration is required. For more information, call 989-328-1259. Classes are held once a week for six weeks, on either Mondays or Thursdays.

Monday swimming lessons instructor Phil Garcia (WSI)

One class each week for six weeks.

Course Code	Dates	Times	Times	Times	Times
XPHE 205 01	Jan. 13, 20, 27 Feb. 3, 10, 17	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.
XPHE 205 02	March 2, 9, 16, 23, 30, April 6	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.
XPHE 205 03	April 13, 20, 27 May 4, 11, 18	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.

There are four swim groups:

Group A (Guppy) - Parent and child class introduction to water. Age 2 to 5.

Group B (Bass) - Swimmers must be able to enter the water by themselves and submerge their whole body including their head under the water. Age 6 and older.

Group C (Perch) - For students who are not afraid to enter the water and can float on their stomachs. Age 7 and older.

Group D (Pike) - Returning swimmers, need to be able to float on their stomach and back as well as use a kickboard. Age 8 and older.

Thursday swimming lessons instructor Phil Garcia (WSI)

One class each week for six weeks.

Course Code	Dates	Times	Times	Times	Times
XPHE 205 01	Jan. 16, 23, 30 Feb. 6, 13, 20	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.
XPHE 205 02	March 5, 12, 19, 26, April 2, 9	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.
XPHE 205 03	April 16, 23, 30 May 7, 14, 21	Group A "Guppy" 4-4:30 p.m.	Group B "Bass" 4:30-5 p.m.	Group C "Perch" 5-5:30 p.m.	Group D "Pike" 5:30-6 p.m.

Yoga

Slow Flow Yoga

Price is \$96 for an eight-week class.

Students will build strength, flexibility and concentration. This class is suitable for all levels and ages. Bring your own mat, towel and water bottle.

XPHE 550

Mon, Feb. 3-March 23, Sidney6:15-7 a.m.

Tues, Feb. 3-March 23,

Greenville4:30-5:15 p.m.

Fit Yoga

Price is \$96 for an eight-week class.

Students will build strength, flexibility and a calm mind. This class is suitable for all levels and ages. Bring your own mat, towel and water bottle.

XPHE 555

Tues, Feb. 4-March 24,

Greenville5:30-6:15 p.m.

Free Yoga Sessions

Free, introductory yoga sessions will be available Jan. 20 and 21. Please contact the MCC Recreation & Fitness Center at 989-328-1259 for availability and times.

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MCC Recreation & Fitness Center

Montcalm Community College Sidney Campus

Lifeguard Certification Training

The cost is \$288.00. Must be at least 16 years old.

Learn how to effectively prevent and respond to water emergencies with the American Red Cross lifeguard training. This course is designed to arm participants with the skills and knowledge to be prepared for a variety of scenarios in and around the water, while also understanding the crucial elements in helping to prevent drownings and injuries. This 16-hour course will provide lifeguard certification through the American Red Cross with a two-year certification card. Students will practice drills for saving swimmers using backboards and water rescue tubes and will become certified to administer First Aid and CPR.

Requirements: Must be 16 years old. Must be able to swim 300 yds, retrieve a 10-pound brick in deep water and swim with the brick to the end of the shallow end and get out of the pool.

XPHE 110 01

Sat, May 9 & 16, 8 a.m.-5 p.m.

Pool/Activities Building in Sidney

XPHE 110 02

Wed & Fri, May 6 & 8, 13 & 15, 6-10 p.m.

Pool/Activities Building in Sidney

Gym

The gym may be used for various activities. The daytime gym schedule varies and is subject to change. Please call 989-328-1259 or stop by the MCC Rec Desk for more information. Please bring your own basketballs and equipment you wish to use.

Open Gym

(Hours subject to change. Please call ahead.)

Monday7 a.m.-9 p.m.

Tuesday.....7 a.m.-9 p.m.

Wednesday7 a.m.-9 p.m.

Thursday.....7 a.m.-9 p.m.

Friday7 a.m.-2 p.m. and 4-9 p.m.

Sat. & Sun.12-4 p.m.

Fitness Center

Improve your fitness level in MCC's air-conditioned self-directed exercise center. The center offers state of the art fitness equipment, treadmills, elliptical trainers, bicycles and a free weight area. You must be 16 years or older to use the facility.

Open Fitness Center

Monday-Thursday7 a.m.-9 p.m.

Friday7 a.m.-2 p.m. & 4-9 p.m.

Saturday12-4 p.m.

Sunday12-4 p.m.

Climbing Wall

MCC's auto belay systems allows for open climb sessions. Anyone younger than age 18 must be accompanied by a responsible adult. All patrons must sign a waiver and have their belt and shoes checked by the monitor before climbing. We also have belts and climbing shoes available for use. Call MCC's Recreation Department at 989-328-1259 to make sure there will be a monitor available who is trained on the climbing wall.

Drop-in Pickleball

Included with the purchase of a recreation pass, and no registration is required to attend. Whether you are a pro or just wanting to learn the sport, come join us for one or all pickleball sessions. Doubles, singles, one court or two courts. We have two sets or bring your own equipment.

Monday, Wednesday and Friday9-10 a.m.

Gym/Activities Building in Sidney

Gymnastics

Tumbling Class

The cost is \$60 for a six-week class.

Students will learn the basics of tumbling.

XPHE 560 01

5-7 year olds

Sat, Jan. 25-Feb. 29, Gym/Activities

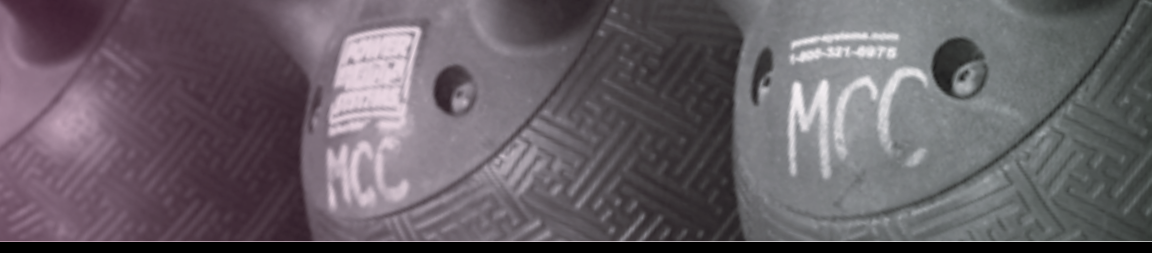
Building in Sidney9-9:50 a.m.

XPHE 560 02

8-10 year olds

Sat, Jan. 25-Feb. 29, Gym/Activities

Building in Sidney10-10:50 a.m.



Fitness Classes

Cardio Boxing

The cost is \$15 per 30-minute class.
This 30-minute class is a mix of total body conditioning and aerobics. Individuals will learn punching and kicking while improving overall conditioning and strength. Call MCC's Recreation Department at 989-328-1259 to schedule.

Fitness Discovery Series

Free with a Recreation & Fitness Center pass.
Instruction courses on stability ball, core strength, functional training. This course will be a sample of the newest exercise training methods. This 30-minute class will focus on improving fitness and strength by challenging core muscles of the body for better balance, posture and tone.
Mon, Jan. 13-Feb. 17, 4:30 p.m.
Fitness Center/Activities Building in Sidney

Centurion Fitness Training

This 45-minute class is a combination of a rogue and cross fit training workouts. This will consist of: exercising with tires, ropes, heavy bags, medicine bags and a variety of body weight exercises. This is a fun and challenging way to work out.
XPHE 246 01
Wed, Jan. 22-Feb. 26, 6-7:45 p.m.
Mezzanine/Activities Building in Sidney *The cost is \$45 per 6-week class; one class per week.*
Walk-ins are \$10 per class; MCC students \$5 per class.

Personal Training

A fun way to rejuvenate and re-invigorate your workouts is with a personal trainer. Working one-on-one with a trainer helps to improve your exercise form and technique and identify bad habits that may be harmful or just aren't productive.
To find out how much a personal trainer can help you achieve your fitness goals, for pricing, and availability call MCC Recreation Coordinator John Davis at 989-328-1209.

Personal Workout Program

Ready to take your exercising to the next level or are you just not seeing the results you have been hoping for? MCC Recreation Coordinator and certified personal trainer, John Davis, will help design a program just for you. Personal programs help you stay motivated and on track as you strive to be your best. Call MCC Recreation Coordinator John Davis at 989-328-1209 for pricing and to schedule an appointment.

Nutritional Evaluation

Are you exercising but still not losing weight, or are you lacking the energy to workout for a long enough period of time? It may be your diet and not just what you eat, but when you eat and how much. Nutrition timing is key to a healthy lifestyle and a nutritional evaluation can help point you in the right direction. Call MCC Recreation Coordinator John Davis at 989-328-1209 to schedule an appointment.

Rock Steady Boxing West Michigan LLC

RSBWM enables people with Parkinson's disease to fight their disease by providing non-contact boxing style programs that improve their quality of life and sense of efficacy and self worth. Recent studies also suggest that intense exercise programs may be "neuro-protective," working to delay the progression of symptoms. For questions please contact Amy Hooyer at 616-634-4250 or email her at ahooyer85@gmail.com.

Available Outside Activities

Feel like being outside? Check out the Kenneth J. Lehman Nature Trails, tennis courts, sand volleyball court, disc golf course and much more on the college's Sidney campus. Maps and discs are available at the Recreation Desk in the Activities Building.

FEES, PASSES AND REGISTRATION

RECREATION FEES & PASSES

Students may use the MCC Recreation and Fitness Center for free with a current MCC student ID.

One-Visit Passes

Ages 10-Adult:	\$4
Ages 4-9:	\$3

10-visit Passes

Ages 10-Adult:	\$38
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Group Rates

Group of 3:	\$10
Group of 4-6:	\$15
Group of 7-10:	\$25

For information on **MONTHLY PASSES**, please contact the Recreation Desk at 989-328-1259.

CURRENT MCC STUDENTS can use the facilities for free by presenting their MCC ID at the recreation desk.

CHILDREN YOUNGER THAN 10 MUST HAVE SOMEONE AGE 18 OR OLDER WITH THEM IN THE POOL.

For information about other available courses, visit www.montcalm.edu/career-development.

REGISTRATION

Begins Jan. 6.

Online:

To register online,
visit montcalm.edu/career-development.

In Person:

Registration is accepted weekdays from 8:30 a.m. to 4 p.m. in the Student Services Office in the Donald C. Burns Administration/Library Building on MCC's Sidney campus **OR** Mondays through Thursdays from 8:30 a.m. to 9 p.m., Fridays from 8:30 a.m. to 4 p.m. and Saturdays from 8:30 a.m. to 1 p.m. at MCC's Ash TLC in Greenville.

By Mail or Fax:

Complete the registration form on page 39 and mail it with full payment to **Spring 2020 Registration**, Ash TLC, 1325 Yellow Jacket Drive, Greenville, MI 48838. Write the student's name on your check made payable to Montcalm Community College. You will receive a receipt to confirm registration. Registrations with insufficient payment will be returned. If the course is free, you may fax your registration to 616-754-4587. Registrations can also be scanned and emailed to community@montcalm.edu.

By Phone:

Registration with payment by Visa, Discover or MasterCard is accepted by phone at 989-328-1012 or toll-free at 1-877-328-2111 (press 7 for the Greenville campus), Mondays through Thursdays from 8 a.m. to 9 p.m., Fridays from 8 a.m. to 3 p.m. and Saturdays from 8 a.m. to 1 p.m.

Class sizes are limited and enrollments are taken on a first-come, first-served basis. If a course is cancelled due to low enrollment, you will be contacted by phone or email.

**REGISTRATION MUST
BE COMPLETED AT LEAST
TWO BUSINESS DAYS
BEFORE A COURSE BEGINS.**

ONLINE

"EDUCATION TO GO" **COURSE INSTRUCTIONS**

MCC offers a variety of online courses under an agreement with Education To Go. You can complete these anywhere you have computer access and the appropriate software. To access course information, go to **www.ed2go.com/montcalm** and enter the course name in the search field. After you find your course, click on the title to see the course description, a syllabus and instructor information. Each course runs for six weeks and consists of 12 lessons. Once you find the course you want, click Enroll Now. This will take you through orientation, which is required before you can start. You must also register at MCC. Registration information is given as you go through orientation.

SPRING SESSIONS:

Session 01–Jan. 15

Session 02–Feb. 12

Session 03–March 18

Session 04–April 15

Session 05–May 13

The first lesson is available at **www.ed2go.com/montcalm** after 6 p.m. the first day of class. The lessons are supplemented by interactive quizzes, assignments and online discussions. Internet access, an email address and an up-to-date web browser are needed. You must register at MCC at least seven business days prior to the first class. Specific software may be required. Check **www.ed2go.com/montcalm** for course requirements.

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LOCATIONS

MCC'S SIDNEY CAMPUS

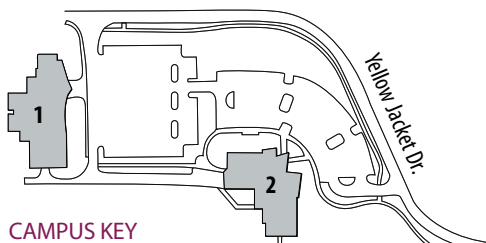
2800 College Drive, Sidney, MI 48885-9723

CAMPUS KEY

1. Foundation Farmhouse
2. Barn Theater
3. Tennis Courts
4. Activities Building
5. Beatrice E. Doser Building
6. Donald C. Burns Administration/Library Building
7. Les Morford Instructional Building
8. Stanley P. Ash Building
9. Kenneth J. Smith Instructional Building
10. Instruction North Building
11. Montcalm Heritage Village
12. Greenhouse
13. Robert E. Marston Pavilion

MCC'S GREENVILLE CAMPUS

Ash TLC and Bill Braman Family Center for Education
1325 Yellow Jacket Drive — 989-328-1012



CAMPUS KEY

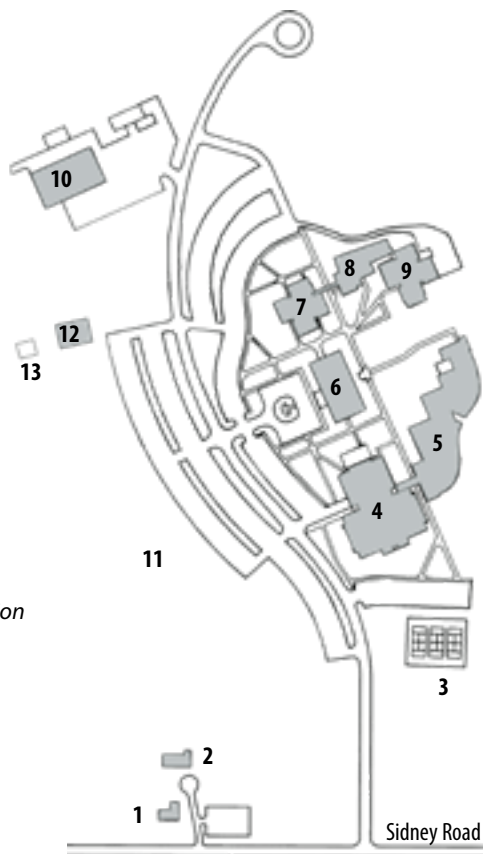
1. Stanley and Blanche Ash Technology and Learning Center
2. Bill Braman Family Center for Education

BOOKS AND SUPPLIES

The MCC Bookstore, operated by Barnes & Noble, is open from 8:30 a.m. to 6:30 p.m. Mondays through Thursdays.

The bookstore is in the Activities Building on the college's Sidney campus and may be reached by calling 989-328-1278. Visit the bookstore's website to check prices and purchase books online at www.montcalm.edu/bookstore.

If you purchase a book elsewhere, be sure it is the correct edition and be sure you receive the book before class starts. Also, make sure the book can be returned if the course is cancelled; if not, you may want to wait to purchase the book until a week before the course is scheduled to start, checking first to see if it will meet.



OFF-CAMPUS LOCATIONS

IONIA

Heartland Health Care Center
814 E. Lincoln — 616-527-0080

LAKEVIEW

Lakeview Wellness Center
423 N. Lincoln — 989-352-7510

SIDNEY

Montcalm Area Career Center
1550 W. Sidney — 989-328-6621

CAREER DEVELOPMENT & PERSONAL ENRICHMENT

REGISTRATION FORM

Registration begins **Jan. 6, 2020**, and is required for all courses including those that are free. Duplicate this form as needed or print copies from MCC’s website at **www.montcalm.edu/career-development**.

Name _____

Social Security # *(last 4 digits only)* _____ MCC ID # _____

Address _____

City/State/Zip _____

Please indicate how you can be contacted to notify you of a course change or cancellation.

Day phone(s) _____

Email address _____

Birthdate ____/____/____ If a minor: Parent’s name _____

The school district in which you reside: _____

The following information is necessary for reports to state and federal agencies. Your cooperation in providing this optional information is appreciated.

Race: (check one)

☐ White ☐ Black ☐ American Indian ☐ Hispanic
☐ Asian ☐ Other _____

Gender: (check one) ☐ Female ☐ Male

Course Title	Course Code	Session #	Cost
<i>Sample: Microsoft Word 2007</i>	XCIS 164	01	\$59
<i>Sample: Creating Web Pages-Ed to Go</i>	XCIS 106	46*	\$75

***See page 37 for Education To Go session numbers.** **TOTAL \$** _____

Mail the completed form with a check made payable to MCC to:

SPRING 2020 REGISTRATION

MCC’S ASH TLC, 1325 YELLOW JACKET DRIVE, GREENVILLE, MI 48838

Montcalm Community College supports all state and federal laws that promote equal opportunity and prohibit discrimination.

Spring 2020 39



Montcalm Community College

2800 College Drive, Sidney, MI 48885-9723

www.montcalm.edu

989-328-2111

ECRWSS

POSTAL CUSTOMER



LEARNING IS AGELESS!

Community members are invited to participate in MCC's Lifelong Learners. LLL was organized in 1998 to provide enrichment experiences for mature learners. Membership is open to those aged 18 and older. Visit www.montcalm.edu/LLL or call 989-328-1065 for more information.

ARTS AND CULTURE AT MCC

Montcalm Community College offers a variety of artistic and cultural opportunities, including musical presentations, theater productions, one-day trips, art exhibits, lectures and more. Visit www.montcalm.edu/arts-and-culture for a list of coming events.

Nonprofit
U.S. Postage Paid
Sidney, MI 48885
Permit #2